The Cosmic Spiral of Life

SPRITUAL HEALING - LOVE IN ACTION

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Healer and Medium of Light
Light is love and love is life -
Spiritual healing is love in action.
Feel with your heart and you will experience God
and experience yourself.

The reality of God, the mysterious power and force of the Only One, manifests itself not only in the breathing spiral of the universe discovered by the great mathematician Mathesius (see front page of this flyer), which is a symbol of eternity. Everything vibrates in His light and in His breathing rhythm. Every single atom, the whole of nature, every man, the earth and the whole universe vibrates in the breathing rhythm of His universal heart. Light and love are the origin of true life and the source for all healing. Love heals all suffering. Love is the centre of the entire universe, and the heart is the source of all healing processes.

The Spiritual World says: “It is a truly gigantic spectacle in the cosmos. God works from the centre of all being. No one can imagine His greatness. God, our Creator, and almighty Father/Mother lives in everything, in every individual. God manifests in creation as the cosmic vibration and light particles which carry intelligent life. Spiritual light is the basic substance of life and electricity and represents the one life without beginning or end. When the primordial light, the origin of all life, begins to act as a self-emitting force (when it manifests itself as the light of life), one unit of consciousness after the other is created, and these units of consciousness expand more and more. More and more units of consciousness are created. Once they are set into motion they are spread out in the form of light waves or light particles and create a space-time-continuum with the characteristics of particularity. They are the smallest and finest parts of matter. These elementary particles with their material boundaries create one plane after the other by creating and defining their own identity. They shape the subtle and invisible realms that bring out more and more units of consciousness, and the light descends further until it reaches the material realm, the visible material world. Every second, immense, unimaginable streams of light are pulsing from the centre of His breathing Great Central Sun and are spread throughout the universe in the form of light particles, waves or particles which are constantly in motion and never rest. Each light particle possesses its own intelligent consciousness and has a unique God-given destiny in order to fulfil its purpose in the cosmos: to be a (light) wave or to become matter (particles). Everything in the cosmos is filled with light and connected through light.
Light particles communicate with each other and form communities to create certain atoms, which start to vibrate in the cosmos and thus create sound, colours and energy fields which expand and contract in the cosmos in His eternal breathing rhythm - like the tides in the Earth's oceans. All forms of life consist of vibrations which are carried by these light particles, but these particles are not identical to the subatomic particles described by the Quantum Theory. However, the physics of life and death depends on these vibrations. God's will carries the cosmos which unifies all life in itself. Our heart is the carrier of love and life and is therefore of utmost importance, because the spark of God lives within every heart and within every creature. Just as the divine heart is represented by the spiral of life, this is a continuum that not only manifests itself in the whole cosmos but also in spiritual healing. Harry Edwards, one of England's most successful and best-known healers, who practiced from 1935 to 1976, said about healing:

“Spiritual healing is God’s gift to all His children, irrespective of race or creed. Healing is the greatest gift that can be bestowed, and is certainly the most spiritual one. It is the Divine Plan to foster the spiritual progress of the human family. Healership is not only an integral part of this plan but forms the very spearhead of it and will become more successful over time. It will continue to improve, and one day, if God wills, it will really heal those who recognise themselves as spiritual beings”. (Harry Edwards)

Therefore, light is the origin and the energy of all life and all life processes. Each living substance is created by this light process and is therefore internalised light. Man is an atomic energy being, consisting of light (this is what modern research on biophotons has also found), and each light-bearing thought full of love, hope and faith is of utmost importance because it raises the light frequency in the human cells. It is thus not surprising that, considering the close connection between man and nature, mental or physical disruptions or diseases occur due to disruptions in the light metabolism, e.g., when there is a lack of light (cancer or depression). Today, it can be determined by measuring the biophotons, whether cells are healthy or ill or have already died and how capable they are of storing and/or emitting light.

A lack of light in the cells automatically leads to a metabolic slowdown, reduced vitality and a weakening of the immune system. Life energies, which are of vital importance for the organs and deeply influence all life processes, are absorbed with the light via the pineal gland at the crown chakra, which regulates the light stream. They have a deep connection to the subtle system of channels (nadis) and therefore to the physical nervous system. Spiritual energy, the divine primary energy of life, consists of pure light. However, it is not the light that is visible to our physical eyes (the sun). It is an invisible light originating from spiritual dimensions. The famous physician Isaac Newton already knew that there are two types of light: Visible light – the light we generally speak of – and invisible light – which is in fact the bearer of the spirit. This spiritual light in the form of electron energy or biophoton emissions continuously flows through every person and is influenced by his thoughts and emotions. Spiritual light removes old hardenings and knots as well as painful energy blocks accompanying diseases and illnesses, because the free will of man is not an unworthy gift. If man truly turns to God with his free will and surrenders himself to God, everything will be enveloped in spiritual light, He will heal and unify everything that touches His light.
Human suffering and illness are only a consequence of a misuse of the divine creativity and are therefore a result of one’s own mistake, one’s own thoughts (each thought is followed by energy), one’s own beliefs and behavioural patterns which are in disharmony with the divine love, with the primordial vibration of all life. Our body and organs always give us a sign if we have unloving thoughts or thoughts of separation (consciously or unconsciously) or if we get stuck. This is the true meaning of the free will: we can also choose to misuse our divine creativity. Heaven and hell are always constructions of the mind. It is true that God gave man the incredible freedom to even reject God, his own Creator. God forces no one under His rule!

Spiritual healing can, with divine help, cause a spiritual transformation and therefore dissolve and remove inner blocks. However, this process requires courage and the inner willingness to break with old patterns of belief and dogma, which are earthly illusions, and to give up the connection to the material world. It is necessary to realise the truth. The person seeking healing must be ready to see the truth and to devote himself to it. Otherwise, the healing sessions will have no effect. Physical and mental suffering can only be cured if the person seeking healing devotes himself completely to his inner divine guidance and does not block the process by trying to control it mentally for reasons of fear (e.g. being afraid of the healer). It is important to stress that it is NOT the healer (the instrument) a person seeking healing should devote himself to, but to God! To devote oneself to the healer would be a kind of personality cult and idolatry which would lead to a dependence which certainly is not in the name of love! Spiritual healing is above all a path of knowledge and of trust in the guidance of God. When both are lived it is the safest, most painless and most risk-free treatment without side effects. If man realises the power of his own thoughts and wishes, he also realises that he does not only have the power to create suffering, pain and diseases but also to create happiness and become healthy. It is up to us to accept our weaknesses and to realise that we have the power to free ourselves from the chains of slavery. Every man has the power to be the initiator of his own salvation by turning to his inner saviour who says: “Always remember that true healing of your body, soul and mind comes from within and is the result of your spirit touching my spirit in a loving way!”

Man is what he believes. Our mind forms matter, the physical structure. Therefore, physical illnesses are only symptoms that have their origin on the spiritual level. They are the result of a lacking life consciousness, and the Spiritual World says in this context:

“A sick person has not understood the spiritual laws in his life! A life in which spiritual maturity is not developed is a useless life! And God does not allow you to incarnate on earth to live a useless life! In other words, a person without spiritual awareness will experience compensation and purification by means of illness, pain and suffering. Because illness is also a way of finding humility. People who live in harmony with themselves and therefore with Mother Earth, who accept themselves and their neighbours and live in harmony with the cosmos and with God, cannot become ill! Perhaps they can take on other persons’ illnesses (as some masters do for their students out of love), but they cannot become ill themselves. Where there is harmony, there can be no disharmony. The result is, therefore, a healthy body!” (Emanuel)
Illness is caused by negative thinking and negative feelings which affect the nervous system. Every negative thought and/or feeling is followed by energy which will solidify over time and will block life energy. Unnecessary worries, thoughts of ill-will and envy, hate and anger as well as fear or excessive lust for life in all areas are spread via the nerves and have a disastrous effect on the body and the emotional state. Many people get ill because they sell themselves as “do-gooders” and believe they must “earn love”. They appear to be “lovely” and helpful people but, at the same time, they expect to receive love from others and are disappointed and angry if their expectations are not met. This swallowed anger and resentment may lead to a hardening of cells (or even cancer). If negative thinking or inner resentment persists or even becomes a habit (e.g. due to an unconscious pattern of belief or a lack of self-knowledge) it is inevitable that we become sick. God does not make people sick because of their “sins”, although this is what many people still believe. This is not true. Illness is always a consequence of our mental resistance and our idiosyncratic view on the world that separates us more and more from Him and from ourselves, from our divine self. Man forges his own destiny and creates his own misfortune through his way of thinking, feeling and acting, and this is also true for the healing process.

The more a person develops spiritually, the more he is able to sense the forces he receives from his own soul and from the cosmic sources. Man is influenced by the energy of the zodiac (astrology), the constellation of certain planets which act as a mediator between soul and personality, and by the energy of his own mental, emotional and etheric fields and the energy fields of his environment. These forces link man to the cosmic and planetary fabric and shape him. He absorbs these forces via the larger chakras and the smaller ganglia as well as via the fine nerves of his body. People may still deny these facts, but they are indeed true. Man is literally a microcosmos of the macrocosmos. Although the warmth of the sun maintains life on earth, it is the cosmic light which comes from the Great Central Sun of all life – from God’s love – and is the true origin of all life. This cosmic light which is invisible to the human eye enters the body through the chakras in the form of vibrations. It is not only absorbed by man but also by Mother Earth, all plants and all animals. When entering the physical dimension, the energy of the cosmic high-speed electrons is automatically absorbed by electromagnetic and electrostatic “brakes”, and therefore the speed of the high-frequency light, coming from the centre of life, is slowed down while descending, until it reacts with the electrons of the outer atomic orbits and thus “opens the door” to all biological phenomena. In other words: The highest frequency of God in the form of pure light is stepped down to an earthly level which is needed for the creation and preservation of biological systems. This means that a frequency of more than one billion volts is stepped down to a small fraction of an electron volt which corresponds to the energy level of molecular bonds. This is also what physicians say. The intensity and amount of light depend on the size and the development state of each body and organism and its ability to absorb the force of life. Therefore the chakras maintain the major biological systems of the body.

The symbol of the wheels, the seven “seals” as a representation of the energy centres or chakras in the etheric body of man, can already be found in the Bible. The word “rotation” (to rotate)
comes from the Latin word “rota” which means wheel. The squaring of the circle as the “macrocosmic wheel of life” finds its equivalent in the (microcosmic) human body, reflected by the spiritual energy centres or “chakras”. Here again, we find spiral-shaped structures (vortices), a sort of cosmic miniature wheels which react as subtle light wheels and energy centres in the subtle etheric human body, especially in the main chakras.

The cosmic stream of energy enters the crown chakra like a waterfall and flows down to the root chakra via subtle energy channels which are located in front of and behind the spine of the etheric body. Then the energy is distributed to the other energy centres. The energy centres take up the life energy, transform it and pass it on to each cell of the physical body. Our cells do not only contain light but our body consists of 90 percent pure light energy. Man is a spiritual light being, even if he does not recognise it in his physical form. Man absorbs spiritual light via his chakras and receives these energies and forces from the divine source of all life. In the same way, the energies of his mental, emotional and etheric environment, as well as the supportive and destructive energies of his own thought vibrations and emotions have deep influences on him because the chakras are both, receiver and transmitter of all kinds of subtle energies. A person, who is highly polarised in his astral-emotional body, may cause great harm and destruction in him and also in his near environment. On the other hand, a person who lives his life lovingly and uses his creative capacities and thus lives through his throat and heart chakra, can experience much peace, joy and harmony in him and spread these energies to his environment, so that people in his presence feel supported and encouraged. Every single chakra externalises itself as an endocrine gland which influences a certain body region. If a chakra is blocked, then the energy cannot flow easily, which can cause illness or chronic fatigue or even total exhaustion.

The more a person grows spiritually, the more he understands the relationship between chakras, glands, nervous system and blood. The subtle anatomy of man and his subtle bodies with their complex energies and subtle vibrations as well as his interconnected levels of consciousness have been neglected in the Western way of thinking so far, although an understanding of the subtle anatomy would also reveal fundamental findings about the physical anatomy and the physiology and pathology of man as well as his mental and physical life, because everything is connected to everything else, nothing is separate. The outer and inner condition of man depends on the integrative power of his mental consciousness. A good gland activity is not only important for the organic life but also for the agility of the mind (the spiritual life). Therefore, a person who wishes to stay healthy must start to learn more about himself, about his physical and spiritual nature. Therefore, the science of glands is one of the most important research areas of the human development and will lead to true healing of man, if he recognises himself as a spiritual being. Furthermore, through spiritual healing, the body is filled up with light and energy. All chakras, the whole nervous system and all biochemical processes in the human body are harmonised. People, who are open for God, can be deeply reached on their physical, emotional, mental and spiritual level and be (permanently) healed.
Gustav-A. Hossenfelder was born in Breslau 1942. Before he received his spiritual calling, he studied graphics and design, owned an advertising agency and worked as a freelance art and creative director for well-known companies in the free economy. In 1989, his life changed radically due to a deep spiritual experience, causing him to leave old habits and ways of thinking and to start a new life. He freed himself from everything and followed the call of the spiritual world. In 1989, he became a psychotherapist, and in 1991, he became a non-medical practitioner. He is a member of the German association of psychologists and psychotherapists. From 1991 to June 2010, he worked as a spiritual healer and spiritual therapist near Frankfurt/Main, Germany. In August 2010, he moved to Prien am Chiemsee, Germany, to further devote himself to spiritual healing. Public healing evenings, single sessions (by appointment) and seminars in Germany and abroad offer people seeking healing new ways of healing.

The spiritual world says about G.-A. Hossenfelder, whose unusual healing powers already have had a beneficial effect for so many people: “He is an appointed spiritual healer, a medium of the light of Christ who has committed himself to the service of love!” And he himself says about his work: “Most of the physical and psychological illnesses are caused by mental misconduct and occur due to a lack of consciousness for the truth of life. Healing is therefore not just about the body, about making it healthy and without pain again, but healing is especially about realising the spiritual coherence of health and illness, about the understanding of the causes of illness and the truth of life.”

What is a medium of light and a spiritual healer? A healer who received a calling from the Spiritual World is a spiritual channel, a medium of light in this world. This means that the light of life shines in him and flows through him as a healing energy which is directed to those parts of the body that are darkened and therefore “ill”. Light is life. If human cells lack spiritual light (light vibrates in the cell nucleus) they die. This cell death causes diseases or may even result in death. People, who are open for the light, for God, can be deeply reached on their physical, emotional, mental and spiritual level and be permanently healed. Spiritual healing is a path of knowledge and of trust in the guidance of God. It is God’s gift to His children: His never-ending love.

The aim of the seminars RE-LIGIO DER HEILUNG (see www.hossenfelder.de) is to expand the spiritual awareness and to assist people in understanding the true relationship between divine unity and the sense of one’s own life in order to make peace with oneself and to find more freedom, joy and lightness. It is especially important to become aware of spiritual correlations, to learn more about them and to understand the complex energetic connections between the subtle (invisible) planes of the body: the mental body (psyche and mind), the astral body (feelings and emotions), the ethereal body (nerves and vital forces) and the physical body. Every participant has the chance to better understand the mental causes of physical symptoms, distortions and diseases and to learn how to better deal with them in his everyday life. Focus is laid on old karmic structures and old patterns of cause and effect as well as (often very unconscious) shadow sides and dark soul aspects which often cause fear and feelings of guilt and therefore burden us. However, unless we integrate our own shadow aspects we will not be able to find inner peace and to transcend darkness into light.

First of all, it is necessary to courageously unmask old dogmas and patterns of belief and to break with them in order to free us from old energies of lovelessness and darkness and to let
our previously hidden light shine. Our heart is the source of our creative energy which makes us healthy. It is a divine energy of love which takes effect in the depth of the soul. Spiritual healing helps people to realise the truth and to transform ill-making “love” into true love, to become aware of one’s own shadow aspects which then can be resolved and true healing can finally begin.

Healing is always an act of communion with the inner Christ and therefore an act of the mental thought that understands Him more and more, in a life that obeys Him, and a heart that entrusts itself completely to God!

(Sri Aurobindo)